

'Trusting the Mystery' ~ 3rd Annual Nia & Yoga Retreat w/ Kelle Rae Oien and Yoga Ma Barbara



**MAR DE JADE HOLISTIC LIFESTYLE CENTER
CHACALA, MEXICO
JANUARY 22-29, 2011**

Our amazing setting: part retreat center, beachside vacation spot, volunteer site and holistic healing sanctuary – just ninety minutes north of Puerto Vallarta. Retreat includes seven nights accommodation, three healthful meals per day, one yoga and one Nia class, meditation sessions and optional evening freedance experiences - all overlooking the ocean!

Prices start at \$1,925 per person, and do not include airfare. \$600 deposit will hold your space. Balance is due by November 19th, 2010. Visit this link: "<http://www.yatra-yoga.com>" or www.yatra-yoga.com to book online, or call 888-359-5020.

Contact Kelle for more Information: 505-310-8227 or kelle@niaspirit.com